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Erasmus+ Capacity Building in the field of Youth

## **RADIO PEACE**

### **Peace-making through Sound**

Project Code: 101181345

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# **RADIO PEACE**

## **INFOPACK**

Training Course

Sassari, Italy



15-21 September 2025

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## PROJECT RADIOPEACE

RADIOPEACE is a project that harnesses the power of music and movement to promote democratic values and foster intercultural dialogue among young people in countries marked by conflict and tension.

Through non-formal education (NFE) methods, the project will create a participatory and inclusive learning environment, engaging NFE trainers, youth workers, project ambassadors, and students from partner countries. By integrating the positive values of ethnic music and dance into the learning process, RADIOPEACE aims to highlight the shared cultural heritage connecting the Western Balkans and Europe.

Ultimately, the project seeks to support reconciliation, peacebuilding, tolerance, and the promotion of non-violent narratives and actions among youth.

Learn more: <https://radiopeace.eu/>

## HOSTING ORGANIZATION: MV INTERNATIONAL

MV International(MVI) is a pan-European network comprising 37 NGOs from the 27 EU countries, 10 non-EU European countries, and 8 associate organizations from Africa, Latin America, and Asia. Established in 2012, [MV International](#) focuses on themes related to social entrepreneurship, non-formal education, and sustainability, aligning with the Erasmus+ program's objectives.

### Mission:

MV International, a non-profit "association of associations," aims to promote social involvement, community building, and advocacy for its members. It actively engages in public discourse on civil society engagement, influencing policies in the areas of its interest.

### Services:

MV International concentrates on three main areas: project activities, education, and policy-making/advocacy. Its professionals, members, and volunteers engage in policy studies, thematic research, regional surveys, proposal development, project implementation, network/training events, and more, contributing to the evolution of European design.

MV International is experienced in establishing thematic consortia, forming partnerships, developing/implementing European projects, and organizing high-profile conferences, seminars, and hearings. With a network of 37 member organizations, it can effectively disseminate project research and results.



## PARTICIPANTS & REGISTRATION

There will be in total of 20 participants in the Training course coming through the partners' organisations.

- MV International (Italy)
- Youth Society for Peace and Development of the Balkans, YSPDB [Bulgaria]
- ANTIK ASSOCIATION, ANTIK [Albania]
- MUS-E KOSOVA, MUS-E [Kosovo].

The 7-day international training course will bring together 5 youth workers (aged 25+) from each partner country, selected through a transparent and non-discriminatory process via internal and public calls. Designed as a hands-on pilot of the Training Course Format (TCF), this activity aims to upskill youth workers by equipping them with Non-Formal Education (NFE) tools to promote tolerance, intercultural dialogue, and peacebuilding through music and dance.

Led by partner organisations, the training will feature practical sessions that integrate artistic expression with participatory NFE methodologies. Participants will actively contribute to the co-design and development of the first section of the Training Guide, offering insights from their experiences to fine-tune and validate the training approach.

This training is not only a learning opportunity but also a capacity-building experience for youth workers, fostering both their personal and professional development. Upon completion, participants will receive a certificate of participation recognized through the SALTO system, ensuring visibility of their learning outcomes and supporting their continued engagement in the field of youth work.

**THE TRAVEL, FOOD, AND ACCOMMODATION WILL BE REIMBURSED (EVENTUALLY ARRANGED) BY YOUR SENDING ORGANISATION TO THE SPECIFIC CEILING. PLEASE, DO CONTACT YOUR SENDING ORGANISATION FOR MORE DETAILS.**

### Registration of the participants

Please, fill in the data to register participants, facilitate logistics, and youthpass preparation into this [EXCEL \(click here\)](#)





## VENUE CITY

The venue of the project is Sassari, an Italian city located in the northwest region of Sardinia. Sassari is the second-largest of Sardinia in terms of population and one of the oldest cities in the island with a large economy based on tourism and the services industry.

As a tourist destination, Sassari has a great deal of historical buildings and monuments. The city is rich in art, culture and history, and it is well known for its palazzi, the Fountain of the Rosello, and its elegant neoclassical architecture, such as Piazza d'Italia (Italy Square) and the Teatro Civico (Civic Theatre).



## HOW TO REACH SASSARI

### From Alghero Airport

Transportation: The public transportation company is called [ARST \(it's written on the bus\)](#). Your bus is a direct one from Alghero airport to Sassari (it will be written on the bus monitor). The price of the ticket is 3,10 € and the ticket machine is located inside the airport next to the ATM. If you buy the ticket directly in the bus, there is a 1 € surplus. Alternatively, you can download application [DROPTICKET](#).

- When you go out of the airport, you will find the bus stop on your right, near the parking.
- Once you arrive in Sassari, you have to get off in Via Padre Zirano bus stop.
- The accommodation is located 15 min walking from the bus station.

### From Olbia Airport

Olbia Airport buses take passengers via bus lines number 2 and 10 to Via Gabriele D'Annunzio in Olbia town, where the train station is located.

Bus schedule: <https://www.geasar.it/en/how-to-get-here/from-to-olbia>

- You should get down at Corso Umberto bus stop.
- The ticket costs 1 €. If you buy the ticket directly in the bus, there is a 0,50 € surplus.





Train schedule: <https://www.trenitalia.com/en.html>

- From Olbia train station, there are trains which go directly to Sassari train station.
- The ticket costs 8,10 €.
- The accommodation is located 15 min walking from the bus station.

## **From Cagliari Airport**

Option 1:

Bus from Cagliari Airport to Cagliari Train Station

1. Arrival at Cagliari Airport: Once you arrive at Cagliari Elmas Airport, you will need to exit the terminal.
2. Find the Bus Stop: Look for the ARST bus stop, which is located just outside the arrivals area.
3. Bus to Cagliari Train Station: Take the ARST bus (line 160) from the airport to Cagliari Train Station (Piazza Matteotti). The bus ride is about 10-15 minutes. Buses typically run every 30 minutes, but it's advisable to check the schedule in advance.
4. Ticket Purchase: You can buy tickets directly on the bus or at the ticket machines located in the airport terminal. The ticket price is approximately €1.30.

Train from Cagliari Train Station to Sassari

1. At Cagliari Train Station: Once you arrive at Cagliari Train Station, go to the ticket counter or use the ticket machines to purchase a train ticket to Sassari. You can also buy tickets online via the Trenitalia website or app.
2. Train Schedule: Trains from Cagliari to Sassari run frequently, with several departures throughout the day. The journey takes about 2 hours and 40 minutes. <https://www.trenitalia.com/en.html>
3. Ticket Price: The ticket price typically range from €15 to €25.

Arrival in Sassari

1. Arriving at Sassari Train Station: Once you arrive at Sassari Train Station, you will be in the city center, making it easy to reach your final destination.

Option 2:

BlaBlaCar from Cagliari to Sassari : <https://www.blablacar.it/>





1. Find a Ride: Use the BlaBlaCar app or website to find available carpool rides from Cagliari to Sassari. BlaBlaCar is a popular and cost-effective option, with many drivers offering rides on this route.
2. Book Your Ride: Select a ride that matches your schedule and budget. Prices typically range from €10 to €20.
3. Meeting Point: Coordinate with the driver to meet at a convenient location in Cagliari or directly at the airport.
4. Travel to Sassari: Enjoy the ride, which usually takes about 2 to 2.5 hours. BlaBlaCar offers a flexible and social travel experience.

## ACCOMMODATION

The main venue of the training will be Hotel Deledda, and for this reason, it is the recommended accommodation for all participants.

Room rates start from €54.00 per night for a single room with breakfast included, with additional options available for double (69€) and triple rooms. The tourist tax is €1.00 per person per night, applicable only for the first 5 nights.

### Hotel Grazia Deledda

Hotel Grazia Deledda is located in Via Dante, a few minutes walk from Piazza d'Italia, and from Sassari's main attractions. The conference room of the hotel will be the venue of the meeting.

Hotel address and info:

Viale Dante 47, 07100 Sassari (SS) Sardinia – Italy

Tel. (+39) 079 271235

Email: [info@hotelgraziadeledda.it](mailto:info@hotelgraziadeledda.it)

Website: <http://www.hotelgraziadeledda.it/en/>





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The sending organization is responsible for accommodation. Depending on your preferences and arrangements, you can choose between a shared apartment or hotel rooms, available on platforms like **Airbnb and Booking.com**. Availability can be limited, so we recommend checking early. We suggest looking for accommodations in the area between the station and Hotel Deledda, which is within walking distance of the venue. For other options, the city center offers plenty of choices, all easily accessible on foot.





## AGENDA

Participants are expected to arrive on Monday, 15th September and depart on Sunday, 21st September.

The training course will take place primarily at [Hotel Deledda, Sassari](#), with a final day session in **Alghero**. The first four days will feature sessions focused on non-formal education (NFE) methodologies using music and dance as tools for peace-building. Participants will explore intercultural dialogue, peace-building activities, and co-design tools for social campaigns. On the fifth day, participants will have the opportunity for cultural exploration through local art and traditions, strengthening their intercultural competences. The final day will conclude with a summary, evaluation, and the awarding of **YouthPass** certificates. All workshops will be facilitated and led by the partner organisations, with the active involvement of participants, ensuring a collaborative and diverse learning experience.

### Key Venues:

- **Hotel Deledda, Sassari:** Morning and afternoon sessions from 16th to 19th September.
- **Institute Roth, Alghero:** Final day (20th September) sessions and activities. The precise address and logistics will be provided at the start of the training.

### 1st Day- 15th September -Arrival Day

Date	Time	Workshops	Main faciitator
<b>2nd Day 16th September</b>	<b>Morning sessions 10:00-13:00</b>	Welcome sessions Getting to know each Week program overview Introduction to the Training Course, Dance and music as NFE tools and NFE Metodlogy	<b>MVI</b>
<b>VENUE HOTEL DELEDDA, SASSARI</b>	<b>Lunch Break</b>		
	<b>Afternoon sessions 15:00-18:00</b>	RADIOPEACE - Training Format: Implementation and Testing of Selected Workshops	<b>MUS-e</b>
<b>3rd Day 17th September</b>	<b>Morning sessions 10:00-13:00</b>	Co-design workshop: Instruments and activities to make peace- building''based upon intercultural dialogues on the topic of peace-	<b>ANTIK</b>

		building among youngsters (Guide I section)	
VENUE HOTEL DELEDDA, SASSARI	Lunch Break		
	Afternoon sessions 15:00-18:00	Co-design workshop: Instruments and activities to make peace-building'' on the basis of the artistic cultural background of participants (Guide I section)	ANTI-K
4th Day 18th September	Morning sessions 10:00-13:00	Tips and appropriate information to enhance and encourage the <b>critical thinking around the topic of peacebuilding</b> , social inclusion, non-violent speech, and on the intercultural dialogue. (Guide II section)	YSPBD
VENUE HOTEL DELEDDA, SASSARI	Lunch Break		
	Afternoon sessions 15:00-18:00	Instruments about how to create a <b>social campaign for social purposes</b> , based on multimedia performances inspired by folk music and dance (Guide II section)	YSPBD
5th Day 19th September	Full day	Bridging Cultures: A Day of Exploration and Peace-Building through local cultures and art Networking opportunities and strengthening intercultural competences	
Outdoors			
6th Day 20th September	Arrival to Alghero ( <b>public transport: bus or train as per preference</b> )		
VENUE ALGHERO (TBD)			
	Afternoon sessions 14:00-18:00	Conclusion of the Training course: summary, evaluation, feedback, and knowledge& skills recognition (YOUTHPASS)	MVI YSPBD

**7th Day- 21th September –Departure Day**



## GOOD TO KNOW: ABOUT THE CITY

### Food

Traditional Sardinian cuisine is a rich tapestry of flavours rooted in the island's pastoral and maritime heritage. Key dishes include "porceddu," a succulent spit-roasted suckling pig, and "malloreddus," small, ridged pasta often served with a tomato and sausage sauce. "Culurgiones," delicate pasta pockets filled with potato, mint, and pecorino cheese, are a beloved speciality. The island's proximity to the sea is evident in its seafood dishes like "fregula con arselle," a type of couscous with clams. "Pane carasau," a crisp, thin flatbread, is a staple at many meals. Sheep cheese, particularly "pecorino sardo," is central in many dishes. Desserts like "sebadas," pastries filled with fresh cheese and drizzled with honey, showcase the island's use of simple, high-quality ingredients to create memorable flavours.

Ristorante Il Borgo di Torre Tonda (including big buffet during the lunchtime)

- Address: Via Torre Tonda, 24/26, 07100 Sassari SS, Italy
- Phone: +39 079 413 3249

Taberna Santona

- Address: Piazza Tola, 21, 07100 Sassari SS, Italy
- Phone: +39 351 440 8651

L'Assassino

- Address: Via Pettenadu, 19, 07100 Sassari SS, Italy
- Phone: +39 079 233463

La Bottega della Pizza

- Address: Piazza Cavallino De Honestis, 4, 07100, Sassari SS, Italy
- Phone: +39 328 812 1006

La Volpe e L'Uva

- Address: Via Giorgio Asproni, 24, 07100 Sassari SS, Italy
- Phone: +39 079 412 6392



## Weather

The average minimum temperature (usually the minimum temperature is noted during the night) in Sassari in September is 16.0°C (60.8°F). The amount of rain in September is normal with an average of 39mm (1.5in). The average maximum temperature lies around 26.0°C (78.8°F).

## Some other tips

In Italy, the unit of currency is the Euro (€). It is not convenient to go to currency exchange offices at the airport because their exchange rates are higher. You can exchange money in exchange offices in the city, postal offices, and banks, which generally offer the best rates.

It is better not to drink water from the sink.

Usually shops close at lunchtime (around 13:00/13:30) and reopen in the afternoon (between 16:00 and 17:00) and close around 20:00 or 20:30. Some shops or supermarkets do not do a lunch break.

Lunch: approximately from 12:30 to 15:00. Dinner: approximately from 19:30 to 22:30.

Breakfast: a typical Italian breakfast is sweet, usually with milk and coffee and a croissant.





## For Further Questions

For any questions or clarifications, please first contact your sending organisation. A local WhatsApp group with organisers, facilitators, and youth workers will be created prior to the activity to support coordination and communication on-site.

We kindly ask all selected participants [to complete the registration form as soon as possible](#) to confirm your participation and logistical preferences.

For any additional inquiries, the Messenger chat will be created- please, do insert your profile FB in order to be added to the chat in the registration excel.

MVI Project manager

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## PROJECT WEBSITE:

<https://radiopeace.eu/>

## PROJECT PARTNERS:

<https://radiopeace.eu/partners/>

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